



SCRIBNER

DR. MEHMET OZ TO PUBLISH NEW BOOK WITH SCRIBNER

NEW YORK, August 23, 2016—Dr. Mehmet Oz, America’s leading authority on health and well-being, will publish a book with Scribner in spring 2017. Titled *Food Can Fix It*, this ground-breaking guide will show readers how food can be transformative medicine with the power to change their health, looks, and even their happiness. Readers and viewers continually turn to his bestselling magazine, *Dr. Oz The Good Life*, and Emmy-Award winning daily television show, *The Dr. Oz Show*, to learn how the body works and ways to fuel it deliciously. Now this comprehensive book, Dr. Oz’s first in ten years, gives them a game plan for living well every day. *Food Can Fix It* will cover heart disease, fatigue, sleeplessness, pain, brain fog, inflammation, and much more. Filled with full-color photographs, the book also offers a 21-day meal plan and easy recipes. An audio edition will be released simultaneously by Simon & Schuster Audio.

“When you walk into a grocery store, you’re really walking into a pharmacy,” says Oz. “The power of food to heal is well proven—using it wisely can help fix many of the most common ailments that plague us.”

“In addition to being an eminent physician, Dr. Oz is a world-class communicator in any medium he chooses—from books to magazines and television—who has inspired millions to take charge of their health and their lives,” said Carolyn Reidy, President and CEO of Simon & Schuster, Inc. “We are delighted for the opportunity to again bring to readers worldwide his winning combination of groundbreaking medical information and accessible, practical plans and advice that will help them achieve healing, health and happiness.”

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“Dr. Oz writes about harnessing the healing power of food with unmatched authority and warmth,” said Scribner Executive Editor Shannon Welch. “This book will be a boon to anyone who wants to live a healthier life.”

Welch acquired world and audio rights from Jacqueline Deval, Publisher of Hearst Books, a division of Hearst Magazines.

Mehmet Oz, M.D., is a cardiothoracic surgeon, #1 *New York Times* bestselling author, magazine founder, and the multiple Emmy Award-winning host of the nationally syndicated *The Dr. Oz Show*. With Michael F. Roizen, M.D., he is the co-author of the runaway *New York Times* bestselling YOU health series of books, including: *YOU: The Owner’s Manual*; *YOU: Having a Baby*; *YOU: Staying Young*; *YOU: Losing Weight*; *YOU: On a Diet*; *YOU: Being Beautiful*; *YOU: The Smart Patient*; *YOU: Stress Less*; and *YOU: Raising Your Child*. In 2014, he launched the popular and prize-winning *Dr. Oz The Good Life* magazine with Hearst Magazines. Mehmet Oz, M.D. is professor of surgery at Columbia University Medical Center and directs the Integrative Medicine Center at New York Presbyterian Hospital/Columbia.

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About Scribner

Scribner is an imprint of Simon & Schuster, Inc., a part of CBS Corporation. Simon & Schuster is a global leader in the field of general interest publishing, dedicated to providing the best in fiction and nonfiction for consumers of all ages, across all printed, electronic, and audio formats. Its divisions include Simon & Schuster Adult Publishing, Simon & Schuster Children’s Publishing, Simon & Schuster Audio, Simon & Schuster Digital, and international companies in Australia, Canada, India and the United Kingdom. For more information visit our website at www.simonandschuster.com.

About Dr. Oz The Good Life

Dr. Oz The Good Life (www.drozthegoodlife.com) is one of the top ten bestselling monthly magazines with a fresh take on everything from physical and emotional well-being to food, beauty, home safety, and fitness. The magazine is enriched with Dr. Oz’s upbeat, engaging personality and is a trusted guide for the important touch points of readers’ lives—mind, body, and soul. In 2014, *Dr. Oz The Good Life* was named Hottest Launch of the Year by *MIN: Media Industry Newsletter* and was a finalist for *Adweek’s* 'Hottest Newcomer'. *Dr. Oz The Good Life* is a joint venture between Mehmet Oz, M.D. and Hearst Magazines.

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About Hearst Magazines

Hearst Magazines is a unit of Hearst (www.hearst.com), one of the nation's largest diversified media and information companies. With 21 titles in the U.S., Hearst is the leading publisher of monthly magazines in terms of total paid circulation, reaching 78 million readers and 70 million site visitors each month (comScore), with a social media following of 110 million. In addition, the company publishes close to 300 editions and 200 websites around the world. Hearst Magazines Digital Media includes 21 websites for brands such as *Cosmopolitan*, ELLE, ELLE DECOR, *Esquire*, *Good Housekeeping*, *Marie Claire* and *Seventeen*, and Delish.com. The company also includes [iCrossing](#), a global, full-service digital marketing agency.

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